

COVID-19 Epidemiology Weekly Supplement

OTTAWA PUBLIC HEALTH. Report compiled on June 30, 2020, 11:00 am

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Purpose

This Weekly Supplement provides an epidemiologic summary of COVID-19 activity in Ottawa to date. The report includes the most current information available from the COVID-19 Ottawa Database (COD) and the integrated Public Health Information System (iPHIS) as of 2:00 p.m. June 29, 2020.

Please visit the <u>Ottawa COVID-19 Dashboard</u> for additional information on cases and deaths, outbreaks and core indicators for COVID-19 monitoring.

Summary

- As of 2:00 p.m. on June 29, 2020, OPH is investigating **2,086** lab-confirmed cases among Ottawa residents.
- Females have a higher rate (230 per 100,000) of confirmed COVID-19 infections than males (164 per 100,000).
- Adults aged 90 years and older have the highest rate (2,215 per 100,000) of confirmed infections of any age group due to the burden of institutional outbreaks.
- No source was identified for 40% of the 25 non-institutionalized cases with episode dates during June 14 – June 27; these cases are considered to be communityacquired.
- A total of 241 (12%) Ottawa residents with confirmed COVID-19 have been hospitalized, including 58 (3%) who were admitted to the ICU.
- There have been 263 deaths in total.
- There are 4 ongoing outbreaks in institutions and no ongoing community outbreaks.

Cases

Gender	Number of cases (%)	Rate (per 100,000 population)
Female	1,237 (59%)	230
Male	849 (41%)	164
Unknown	0	0

Table 1. Ottawa residents with confirmed COVID-19 (n=2,086), by gender

Notes:

1. Data on cases are from the COD as of 2:00 p.m. on June 29, 2020.

2. Confirmed cases are those with a confirmed COVID-19 laboratory result as per the Ministry of Health Public health management of cases and contacts of COVID-19 in Ontario. March 25, 2020 version 6.0.

3. Rates per 100,000 were calculated using Ottawa population projection data for 2020 from Ontario Ministry of Health, IntelliHEALTH Ontario, extracted on November 26, 2019.



Figure 1: Ottawa residents with confirmed COVID-19 (n=2,086), by age group

Notes:

- 1. Data on cases are from the COD as of 2:00 p.m. on June 29, 2020.
- 2. Confirmed cases are those with a confirmed COVID-19 laboratory result as per the Ministry of Health Public health management of cases and contacts of COVID-19 in Ontario. March 25, 2020 version 6.0.
- 3. Rates per 100,000 were calculated using Ottawa population projection data for 2020 from Ontario Ministry of Health, IntelliHEALTH Ontario, extracted on November 26, 2019.



Source of infection

No source was identified for 40% of the 25 non-institutionalized cases with episode dates during June 14 – June 27; these cases are considered community-acquired.





Notes:

- 1. Data are from the COD as of 2:00 pm on June 29, 2020.
- Source of infection is allocated using a hierarchy: Related to travel prior to April 1, 2020 > Linked to an institutional outbreak > Close contact of a known case or linked to a community outbreak > Non outbreak-associated healthcare workers (HCWs) and frontline workers and healthcare workers in institutions whose episode dates precede that of all residents > Related to travel since April 1, 2020 > Community transmission > Missing.
- 3. Community-acquired refers to infection from an unidentified source. Cases that are the result of community transmission would be individuals who did not travel outside Ontario, are not part of an institutional outbreak, are not part of a community outbreak, are not able to identify someone with COVID-19 from whom they might have acquired infection; and are not healthcare workers or other first responders who would be expected to come into contact with many individuals potentially infected with COVID-19.
- 4. The percent of cases believed to be community-acquired is calculated as the proportion of cases, over the current day and previous 13 days, with no identified source of infection, among non-institutionalized cases for whom the source of infection was assessed.
- 5. The distribution of source of infection among confirmed cases are impacted by the provincial guidance on testing.
- 6. The percent of cases that are community-acquired presented is a rolling average of the 14 days ending on a given day.
- 7. The percentage of community-acquired cases is unstable during time periods with few cases.



- 8. As cases are investigated and more information is available, the distribution of cases by date and source of infection are updated.
- 9. Confirmed cases are those with a confirmed COVID-19 laboratory result as per the Ministry of Health Public health management of cases and contacts of COVID-19 in Ontario. March 25, 2020 version 6.0.
- 10. A patient's exposure may have occurred up to 14 days prior to onset of symptoms. Symptomatic cases occurring in approximately the last 14 days are likely under-reported due to the time for individuals to seek medical assessment, availability of testing, and receipt of test results.
- 11. § Surveillance testing for COVID-19 began in long term care facilities on April 25, 2020.
- 12. The number of reported cases underestimates the actual number of infections. Information on overall infection rates in Canada will not be available until large studies on COVID-19 antibody presence in blood serum are conducted. Based on available information, the actual number of infections may lie from 5 to 30 times or more than the reported number of cases.

Figure 3. Epidemiological curve of Ottawa residents with confirmed COVID-19, by the EARLIEST of onset, test and reported date, by outbreak association[†] (n=2,086)



Institutional Outbreak
 Community Outbreak
 Sporadic

Notes:

- 1. Data are from the COD as of 2:00 p.m. on June 29, 2020.
- 2. As the case is investigated and more information is available, the dates in the graph are updated.
- 3. Confirmed cases are those with a confirmed COVID-19 laboratory result as per the Ministry of Health Public health management of cases and contacts of COVID-19 in Ontario. March 25, 2020 version 6.0.
- 4. [†]Cases are associated with a specific, isolated community outbreak; a healthcare institutional outbreak; or no known outbreak (i.e., sporadic).
- 5. A patient's exposure may have occurred up to 14 days prior to onset of symptoms.
- 6. *Symptomatic cases occurring in approximately the last 14 days are likely under-reported due to the time for individuals to seek medical assessment, availability of testing, and receipt of test results.
- 7. Healthcare institutions include long term care facilities, retirement homes, and hospitals.
- 8. § Surveillance testing for COVID-19 began in long term care facilities on April 25, 2020.
- 9. The number of reported confirmed community cases underestimates the actual number of infections. Information on overall infection rates in Canada will not be available until large studies on COVID-19 antibody presence in blood serum are conducted. Based on available information, the actual number of infections may lie from 5 to 30 times or more than the reported number of cases.¹

¹ Richterich P. Severe underestimation of COVID-19 case numbers: Effect of epidemic growth rate and test restrictions. *medRxiv*. April 2020: 2020.04.13. doi.org/10.1101/2020.04.13.20064220

Severity of Cases

The data in Figure 4 present information about Ottawa residents with COVID-19 who have been admitted to hospitals in Ottawa. These indicators help us monitor the level and severity of infection within the City.

The number of hospital admissions recorded in the past 3-5 days should be considered preliminary as hospital data are still being received and entered for this time period.

This measure is intended to be an indicator of hospitalizations from new COVID-19 infections. Therefore, the data do not include hospitalizations for Ottawa residents with confirmed COVID-19 whose COVID-19 infection was deemed resolved and are subsequently hospitalized, due to sequelae (lingering effects) of COVID-19 or reasons other than COVID-19.

Figure 4. Number of Ottawa residents with confirmed COVID-19 newly admitted to hospital and number currently hospitalized, by day



New Hospital Admissions (Excluding Post-recovery COVID-19 Patients)
 Ourrently Hospitalised (Excluding Post-Recovery COVID-19 Patients)

Notes:

- Data are from the COD as of 2:00 p.m. on June 29, 2020. Confirmed cases are those with a confirmed COVID-19 laboratory result as per the Ministry of Health Public health management of cases and contacts of COVID-19 in Ontario. March 25, 2020 version 6.0.
- 2. The light green curve represents the number of COVID-19 patients hospitalized. The dark blue curve represents the number of newly hospitalized COVID-19 patients.
- 3. This measure is intended to be an indicator of hospitalizations from new COVID-19 infections. Therefore, the data do not include hospitalizations for Ottawa residents with confirmed COVID-19 whose COVID-19 infection was deemed resolved and are subsequently hospitalized, due to sequelae (lingering effects) of COVID-19 or reasons other than COVID-19.
- 4. New admissions, discharges, deaths, and data entry lags contribute to daily fluctuations in the number of patients currently in hospital making comparisons to the previous day difficult. New hospital admissions and counts of currently in hospital may lag and are subject to change as the hospitalization information is tied to case investigation. Comparisons should not be made between the number of patients currently in hospital and new hospital admissions since hospitalization information is only updated once a patient's COVID-19 infection is confirmed. Admission information would then be updated retrospectively. For example, there can be a delay between when a patient is admitted to hospital, tested for COVID-19, and receive test results. If positive results are received, a case investigation begins and their hospitalization information is updated, resulting in a lag in the newly admitted and currently hospitalized information.



Measure	Hospitalizations (% of cases within age group)	ICU Admissions (% of cases within age group)	Deaths (% of cases within age group)
Age Group			
0 to 9 years	0	0	0
10 to 19 years	0	0	0
20 to 29 years	4 (2%)	0	0
30 to 39 years	12 (4%)	3 (1%)	1 (<1%)
40 to 49 years	16 (6%)	6 (2%)	0
50 to 59 years	38 (13%)	16 (6%)	7 (2%)
60 to 69 years	50 (21%)	14 (6%)	19 (8%)
70 to 79 years	47 (26%)	12 (7%)	38 (21%)
80 to 89 years	49 (18%)	6 (2%)	106 (39%)
90+ years	25 (13%)	1 (<1%)	92 (47%)
Unknown	0	0	0
Median age	70 years	64 years	87 years
Age range	24 – 102 years	32 – 90 years	39 – 105 years
Total	241 (12%)	58 (3%)	263 (13%)

Table 2. Age of Ottawa residents with confirmed COVID-19 that have been hospitalized (cumulative) and in intensive care (cumulative) (n=2,086)

Notes:

1. Data are from the COD as of 2:00 p.m. on June 29, 2020.

2. This measure is intended to be an indicator of hospitalizations from new COVID-19 infections. Therefore, the data do not include hospitalizations for Ottawa residents with confirmed COVID-19 whose COVID-19 infection was deemed resolved and are subsequently hospitalized, due to sequelae (lingering effects) of COVID-19 or reasons other than COVID-19.

3. The percent of hospitalizations, ICU admissions, and deaths by age group uses the number of cases for each age group as the denominator.



Table 3. COVID-19 volume, Ottawa hospitals (includes patients who live outside of Ottawa)

		7-day	30-day
Measure	June 28, 2020	median	median
Currently hospitalized	1	3	13
Newly hospitalized*	0	0	1
Currently in intensive care	1	1	1
Currently in intensive care and vented	1	1	0

Notes:

1. Data are from the Ministry of Health COVID-19 Regional Hospital Dashboard from the Bed Census Summary Tool and the Critical Care Information System report, reported by hospitals and the Critical Care Information System report, as of June 28, 2020.

Data represent all lab confirmed COVID-19 patients cared for at Ottawa hospitals, including both patients who
reside in Ottawa (captured in the COD) and patients who reside out-of-Ottawa who receive care at Ottawa
hospitals.

3. Ottawa hospitals reporting inpatient data include The Children's Hospital of Eastern Ontario, The Ottawa Hospital, Queensway Carleton Hospital, The Montfort Hospital, The University of Ottawa Heart Institute, The Royal Ottawa, and Bruyère Continuing Care.

4. Ottawa hospitals reporting intensive care data include The Children's Hospital of Eastern Ontario, The Ottawa Hospital, Queensway Carleton Hospital, The Montfort Hospital and The University of Ottawa Heart Institute.

5. *Newly hospitalized refers to most current day for which data are available.

Outbreaks Figure 5: Total number of COVID-19 outbreaks in Ottawa institutions⁴



Notes:

- 1. Data from iPHIS as of 2:00 pm on June 29, 2020.
- 2. 52 outbreaks are closed and 4 are active. Investigation and data entry are ongoing.
- 3. These outbreaks reflect the definitions at the time they were declared open.
- 4. Institutions include long-term care homes, retirement homes, public hospitals, and other institutions (e.g. group homes, shelters, assisted living).

There have been four community outbreaks in Ottawa. There are currently no ongoing community outbreaks.

Table 4. Community outbreaks of confirmed COVID-19 in Ottawa

Setting	Ongoing Outbreaks	Closed Outbreaks	Cases	Deaths
Workplace	0	3	48	0
Residential	0	1	14	0
Total	0	4	62	0

Notes:

1. Data are from the COD as of 2:00 p.m. on June 29, 2020.

In workplace settings, the occurrence of two or more cases of laboratory-confirmed COVID-19 with an
epidemiological link (i.e., there is reasonable probability of acquisition in the workplace) is considered an
outbreak.



Please use the following citation when referencing this document:

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For further information about COVID-19 in Ottawa, visit ottawapublichealth.ca.

Data Tables

Age	Number of Cases	Population	Rate (per 100,000)
0-9 years	33	109,973	30
10-19 years	66	113,243	58
20 to 29 years	264	161,498	163
30 to 39 years	269	158,259	170
40 to 49 years	277	134,815	205
50 to 59 years	294	139,786	210
60 to 69 years	238	118,913	200
70 to 79 years	181	75,781	239
80 to 89 years	271	33,540	808
90+ years	196	8,848	2,215
Total	2,086	1,054,656	198

Data table for Figure 1 (Age of Ottawa residents with confirmed COVID-19)

Data table for Figure 2 are available on <u>Open Ottawa</u> (Excel file). Data table for Figure 3 are available on <u>Open Ottawa</u> (csv file). Data table for Figure 4 are available on <u>Open Ottawa</u> (csv file). Data table for Figure 5 are available on <u>Open Ottawa</u> (csv file).